

Free Junior Badminton Coaching Clinics Application Form



Week 1: Friday 4th May— Basic skills including grips, serving and overheads.

Week 2: Friday 11th May— Footwork, underarm shots and backhands.

Week 3: Friday 18th May—How to play singles and doubles.

The Ballarat Badminton Association will be conducting a 3 week free junior coaching clinic program starting Friday 4th May, from 4pm—5pm. The clinics are open to all juniors and is ideal for beginner players and those players wishing to improve their basic skills and knowledge of the game. All you need to do is complete this registration form or download from our website and return to the Ballarat Badminton Association by Thursday May 3rd. All equipment provided. All sessions conducted by NCAS Level 3 Coach and Olympian Rhonda Cator.

Name: _____

Address: _____

_____ P'code: _____

Email: _____

Age: _____ Ph: _____

Send to: Ballarat Badminton Stadium,

PO Box 60, Wendouree. 3355

Fax: 03 53394604

email: ballbadminton@hotmail.net.au

